

The university provides a plethora of mental health and wellbeing services, however, a staggering 90% (n=36) have chosen to never use these facilities (Figure 2). These statistics are reflective of other larger university mental health surveys.

When you are feeling overwhelmed, do you use the services that are provided by the university?

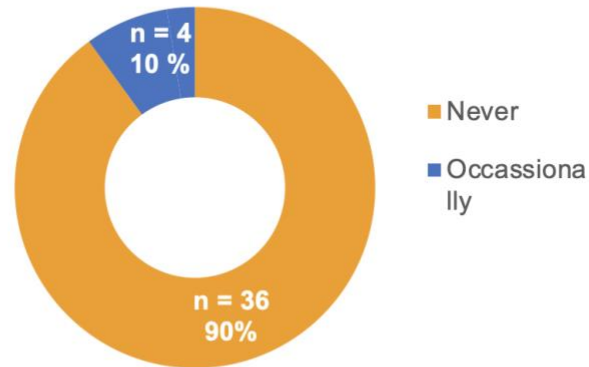


Figure 2 Percentage of responses of students that have accessed mental health services provided by the university.